

Psalm 139:13–18 | Identity and self-acceptance

Study Questions from 14.04.2024 sermon

Bible Reading

Read Psalm 139:13-18.

Note the following:

Created with Purpose God intentionally designed each one of us, intricately crafting every aspect of our being.

Fearfully and Wonderfully Made We are not accidents or mistakes; we are masterpieces created by the loving hands of our Heavenly Father.

Embracing Our Worth: Our value isn't determined by our achievements, appearance, or popularity, but by the fact that we are dearly loved children of God.

Discussion

- i. How does knowing that we are fearfully and wonderfully made by God impact the way we view ourselves?
- ii. In what ways do societal pressures and media influence our perception of self-worth?
- iii. Can you share a time when you struggled with feeling inadequate or not measuring up? How did you overcome it?
- iv. "Uncoupling who I am from what I've done helps me accept myself." Discuss this statement and what it means. Does it help you?
- v. What are some practical ways we can remind ourselves and each other of our inherent worth as children of God?
- vi. How can understanding our identity in Christ help us navigate challenges and uncertainties in our lives?

Prayer

Spend some time praying about what you've discussed and pray for one another.