

Genesis 1:31-2:3 & Isaiah 58:13-14 | Sabbath 3

Study Questions* from 16.06.2024 sermon

Read

- i. Read Genesis 1:31-2:3 & Isaiah 58:13-14 to set the scene for this study.

Discussion

- ii. What stood out to you as you listened to the sermon? What went through your brain or body?
- iii. Does joy come more naturally to you? Or is it more of a struggle for your personality?
- iv. Read Genesis 2:2. As God rested, in what ways do you think he felt delight?
- v. Marva J. Dawn says that we “don’t know how to feast because we don’t know how to fast.” What do you think of this claim?
- vi. In what ways would the rest of your week need to change to set apart the Sabbath as a special day of delight?
- vii. Are you in a season of joy or sorrow or both? What does Sabbath-keeping feel like for you at this moment in your life?

Prayer

Spend some time praying about what you’ve discussed and pray for one another.