

Ephesians 1:3–6 | Praise!

Study Questions from 19.01.2015 sermon

Read

- i. Read Ephesians 1:3–6.

Discuss

- ii. Look at v3: “[God has] blessed us in the heavenly realms with every spiritual blessing in Christ.” How does this excite and comfort you today?
- iii. Look at v3–5: Paul starts off his list of spiritual blessings by praising God that we are chosen and predestined to be His people. Does this surprise you? Would you have selected election or predestination as first on the list of the greatest blessings of being a Christian? Why does Paul see being chosen and predestined as such great blessings?
- iv. Did you relate to any of the concerns mentioned in the sermon regarding predestination? How did the answers to them help you think of God’s election as good news?
- v. It is important that we stay with what the Bible teaches about election and predestination. What could happen if:
 - We emphasise human free choice too much?
 - We emphasise God’s sovereign choice too much?
- vi. Look at v4c–5: “In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will...” How did God choose us and why is it so important not to forget this?

Pray

Spend some time praying about what you’ve discussed and pray for one another.