

James 1:19–27 | Quick to listen, slow to speak & become angry **Study Questions from 25.01.2026 sermon**

Discuss

- i. Read v19. Discuss why James says “take note of this.”
- ii. Read v19b—20. What is bad anger? What is good anger? What is James’s advice to help us into good anger?
- iii. James tells us in v21 how to control anger. Read the verse and discuss how his advice helps us to regulate our anger.
- iv. Read v22. Why isn’t listening to God’s word enough?
- v. Read v23—25. Discuss how the Bible is like a mirror, and how we should use the Bible the way we use a mirror.
- vi. Read v26. What does it mean to “keep a tight rein on your tongue” at home, at work, in church? Give specific examples and think about the importance of the word ‘rein’.
- vii. Read v27. Discuss
 - Ways in which we can help orphans & widows (the needy & vulnerable).
 - Ways in which our souls can become polluted, and how to protect ourselves from this pollution.

Pray

Take some time to silently let the Spirit challenge you about anything in the passage, and then spend some time praying about what you’ve discussed and pray for one another.